

TEAM NAMIBIA COMPETITION SCHEDULE

(preliminary schedule as on 23 July - excluding finals subject to qualification)

Date	Sport	Time	Event	Athlete
24 July		11:45	Pairs: NAM vs NFK	Calitz / Esterhuizen
		15:45	Trips: NAM vs WAL	Vemeulen / Peak / Appollis
		18:45	Pairs: NAM vs JEY	Calitz / Esterhuizen
		15:00	Men's Individual	Coetzee
25 July		8:45	Trips: NAM vs IND	Vemeulen / Peak / Appollis
		15:45	Trips: NAM vs SCO	Vemeulen / Peak / Appollis
		18:45	Pairs: NAM vs COK	Calitz / Esterhuizen
		TBC	Fly (52kg) Light Heavy (81kg)	Shapaka Kasuto
26 July		8:45	Trips: NAM vs NIU	Vemeulen / Peak / Appollis
		11:45	Pairs: NAM vs AUS	Calitz / Esterhuizen
		TBC	Light (60kg) Light Welter (64kg)	Shaningwa Jonas
27 July		9:00	Marathon Men	Nampula
		9:30	Marathon Ladies	Johannes, Naigambo, Ekandjo
		14:30	Parasport Long Jump	Benson
		17:30	Singles: NAM vs GGY	Esterhuizen
28 July		9:00	Trap Ladies	Ahrens

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Date	Sport	Time	Event	Athlete
28 July		Athletics	Parasport - Discus	Nguluwe
			Parasport - 100m T11/12 Heats	Katjikuru, Kambinda, Ishitile
		Bowls	Singles: NAM vs RSA	Esterhuizen
			Fours: NAM vs CAN	Vermeulen, Calitz, Peak, Appollis
29 July		Cycling	Mountainbike Ladies	Adrian
			Mountainbike MTB	Redecker
		Bowls	Singles: NAM vs ZAM	Esterhuizen
			Fours: NAM vs IND	Vermeulen, Calitz, Peak, Appollis
			Fours: NAM vs RSA	Vermeulen, Calitz, Peak, Appollis
30 July		Wrestling	Freestyle 97kg	Shikongo
			Bowls	Singles: NAM vs SCO
	Singles: NAM vs COK		Esterhuizen	
	Fours: NAM vs FLK		Vermeulen, Calitz, Peak, Appollis	
31 July		Cycling	Ind Time Trial Ladies	Steyn
			Ind Time Trial Men	Mans
2 August		Powerlifting	Heavyweight 72kg	Soroseb
3 August		Cycling	Road Race Ladies	Adrian, Steyn
			Road Race Men	Craven, Drobisch, Seibeb, Petrus, Redecker, Mans