



A WORLD OF CARE

NURTURE | GROWTH | HEALTH

A passion for life meets a world of care.



LADY POHAMBA
private hospital



PARKING AREA

At Lady Pohamba Private Hospital we know how important it is to visit loved ones with peace of mind. Our parking areas are safe and secure, and as an added bonus, we have golf carts and a friendly chauffeur to take you to and from your car if the need arises.

COFFEE SHOP

Unwind as a patient or visitor at the Coffee Shop on the ground floor with a hot or cold beverage, a meal or snack.

PAUSE AREAS

We strive, via our customer-centric service philosophy, to provide you with a family-focused hospital experience that gives you the care you need. For instance, our modern and safe pause areas are conveniently located centrally, and outside all wards so that you can breakaway to spend time with loved ones, or wait in comfort.

ADMISSIONS

Our friendly admissions personnel are always at hand to assist you with the administrative process to make it as smooth as possible. We are committed in being approachable and compassionate, while diligently obtaining all relevant information required in a private healthcare setting to ensure that your stay with us is pleasant, comfortable and meets all your needs.

EMERGENCY CENTRE

We understand that life can be unpredictable and that unforeseen emergencies occur. That is why our casualty unit is open 24/7 to provide you with the medical care you need. Our professional, qualified and experienced multidisciplinary team will treat patients in an emergency centre that is equipped with state-of-the-art technology, and are able to handle any medical emergency. Seriously ill or injured patients are treated immediately and we ensure that all our patients receive the highest level of emergency medical care.

RADIOLOGY AND PATHOLOGY

Our Hospital also offers pathology and radiology services. These include: X-rays, Sonars, MRIs and bone density scans to name a few.



THEATRE COMPLEX

The Lady Pohamba Private Hospital's theatre complex comprises of 5 state-of-the-art operating theatres equipped to meet the most intricate surgical procedure standards.

INTENSIVE CARE/ HIGH CARE UNIT (ICU/HC)

The ICU/HC facility comprises of state-of-the-art equipment coupled with trained and highly skilled staff. The unit has 21 beds, including two isolation rooms. Patients receive comprehensive care and are diligently monitored by intensive care professionals.

Visits in the unit are strictly controlled for the well-being of patients. Only 2 visitors per patient at a time are allowed. No children under the age of 12 years are allowed in the unit.

GASTROINTESTINAL UNIT

The 24-hour gastrointestinal unit at Lady Pohamba Private Hospital specialises in upper and lower gastro intestinal endoscopies, bronchoscopies as well as other gastrointestinal related services.

SHORT-STAY WARD

Our short-stay ward provides patients who come in for medical procedures not requiring overnight hospitalisation with a comfortable environment that boosts health, well-being and comfort.

GENERAL WARDS

The general ward at Lady Pohamba Private Hospital ranges from en-suite semi-private (two, three or four beds) to private and luxurious apartment style executive suites giving patients an added level of luxury and convenience whilst they receive medical attention.

For your comfort, our general ward is equipped with modern electric beds and individual **television sets** connected to DStv.

Visiting hours are daily from 15h00-16h00 and 19h00-20h00. **Children under the age of 12 years are not allowed in the general ward.**

PAEDIATRIC WARD

At Lady Pohamba Private Hospital we are committed to give you a home away from home experience, whilst giving your child the best medical care available, as our paediatric team comprises of highly trained and experienced nurses, paediatricians and specialists.

We believe parents have an important role to play in their child's care, and we therefore encourage one parent to stay with the hospitalised child; however we understand how stressful hospitalisation of a child can be, and to give mummy or daddy a few minutes to unwind, we created our Mom's Lodge.

Our paediatric ward has a fun play area that is cheerful and bright to keep your little one entertained. Each bed has a television set with child-friendly programmes and a selection of DVDs. The unit has an access-controlled entrance for the safety of your child.

As a rule, no visitors under the age of 12 years are allowed in the unit. We have open visiting hours for parents, while all other visitors can visit daily from 15h00-16h00.

MATERNITY WARD

The maternity ward at Lady Pohamba Private Hospital comprises of a specialist team of health professionals who will give mum and baby medical attention on par with international standards, as our aim is to ensure that your delivery is as comfortable as possible. Rest assured knowing our obstetrics nurses will be at hand to educate you on the importance of breastfeeding and immunization postpartum, and to answer any other questions you might have.

We've also gone the extra mile to create an environment that promotes calm and tranquility comprising of private and semi-private suites, en-suite bathrooms and a secure access-controlled nursery furnished in inviting tones.

To encourage dads to share the memorable and intimate experience of welcoming a new baby, we consent visits throughout the whole day until 21h00 only, enabling mother and baby to get the rest they need.

Upon the arrival of the newest addition to your family, you will receive a welcoming gift bag courtesy of Lady Pohamba Private Hospital.

NEONATAL INTENSIVE CARE UNIT (ICU)

A fully equipped Neonatal ICU, adjacent to the nursery, ensures that special need babies receive the specialised care they require.

Parents have open visiting hours, while grandparents and siblings' cuddle time is between 15h30-16h00.

We look forward to your visit.





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