

# DHPS

Deutsche Höhere Privatschule Windhoek



Arbeitsgemeinschaften Kl.3+4

Extra murals Grade 3+4



Stand 30.01.2019

# AG Programm Klasse 3+4

## 2019

# Extra mural programme Grade 3+4

Name der AG <i>name of extra mural</i>	Zeit/Stunde <i>time/lesson</i>	Klasse <i>grade</i>	AG-Anbieter <i>extra mural coordinator</i>	Ort <i>venue</i>	Kosten <i>costs</i>
<b>Montag / Monday</b>					
„Fianchetto Chess Academy“ **	8. Stunde <i>8th lesson</i>	Kl.1-4 Gruppe 1 <i>Gr.1-4 group 1</i>	081-638 1183; 081-859 4954 <a href="mailto:fianchetto@gmail.com">fianchetto@gmail.com</a>	H-I-2	N\$800 / Trimester *
Soccer	15:00-16:00	Kl.3+4 <i>Gr.3+4</i>	Hr. Hipangua Mr. Hipangua	Leichathletikplatz <i>Athletics field</i>	
Cool Volley	15:00-16:00	Kl.4-7 <i>Gr.4-7</i>	Fr.Starke+Fr.Friedrich <i>Mrs Starke+Mrs Friedrich</i>	Sporthalle <i>Sports hall</i>	
Basketball	15:00-16:00	Kl.3-5 <i>Gr.3-5</i>	Fr. Schlettwein <i>Mrs Schlettwein</i>	Multiplatz <i>multi field</i>	
<b>Dienstag / Tuesday</b>					
Aerobics	8. Stunde <i>8th lesson</i>	Kl.3+4 <i>Gr.3+4</i>	Fr. Krafft <i>Mrs Krafft</i>	H-E-1	
Soccer	15:00-16:00	Kl.3+4 <i>Gr.3+4</i>	Hr. Hipangua Mr. Hipangua	Leichathletikplatz <i>athletics field</i>	
Blockflöten für Fortgeschrittene / <i>recorder lessons for advanced learners</i>	8. Stunde <i>8th lesson</i>	Kl.3 <i>Gr.3</i>	Fr. Roxin <i>Mrs Roxin</i>	Musikraum KBG <i>Music room KBG</i>	
„Fianchetto Chess Academy“ **	8. Stunde <i>8th lesson</i>	Kl.1-4 Gruppe 2 <i>Gr.1-4 group 2</i>	081-638 1183; 081-859 4954 <a href="mailto:fianchetto@gmail.com">fianchetto@gmail.com</a>	H-I-2	N\$800 / Trimester *
Kunst und Basteln <i>arts and crafts</i>	9.+10. Stunde <i>9th+10th lesson</i>	Kl.3+4 <i>Gr.3+4</i>	Fr. Schmid <i>Mrs Schmid</i>	G-E-2	N\$ 200 / Trimester
Judo (beginners)	13:30-15:00	Kl.1-4 <i>Gr.1-4</i>	Fr. Schlettwein <i>Mrs Schlettwein</i>	Sporthalle <i>Sports hall</i>	
„Pilates for Smarties“ **	15:30-16:30	Kl.1-4 <i>Gr.1-4</i>	Birgit Nakamhela, 081-260 2965 <a href="mailto:fitness@iway.na">fitness@iway.na</a> ; <a href="mailto:b.nakamhela@gmail.com">b.nakamhela@gmail.com</a>	gelbes Häuschen auf dem Internatgelände / <i>yellow building on hostel premises</i>	* N\$ 700 / Trimester
Cazadores Inline Hockey (1st term only)	16:00-17:00	Kl.1-4 <i>Gr.1-4</i>	Coach Zaid Eli 081 426 1523	Multiplatz <i>multi field</i>	Hire of skates if necessary N\$250/term

<b>Mittwoch / Wednesday</b>					
<b>Märchen und Basteln</b> <b>German stories with crafts</b>	8. Stunde <i>8th lesson</i>	Kl.1-3 <i>Gr.1-3</i>	Fr. Erb <i>Mrs Erb</i>	KBG Smartboardraum <i>KBG Smartboard room</i>	N\$50 / Trimester
<b>Blockflöten für Fortgeschrittene</b> <i>recorder lessons for advanced learners</i>	8. Stunde <i>8th lesson</i>	Kl.3 <i>Gr.3</i>	Fr. Kollmitz <i>Mrs Kollmitz</i>	Musikraum KBG <i>music room KBG</i>	
<b>Lese AG</b>	8. Stunde <i>8th lesson</i>	Kl.3 <i>Gr.3</i>	Fr. Otto <i>Mrs Otto</i>	Raum von Frau Otto <i>room of Mrs Otto</i>	
<b>Judo for girls</b>	13:30-15:00	Kl. 1-4 <i>Gr. 1-4</i>	Fr. Konzmann <i>Mrs Konzmann</i>	Sporthalle <i>sports hall</i>	
<b>„Table Tennis Academy“ **</b>	17:00-19:00	Kl.4-11 <i>Gr.4-11</i>	Heiko Fleidl, 081-288 3992	DHPS Sporthalle <i>DHPS gym hall</i>	* N\$ 600 pro Jahr /
<b>Rhythmic Gymnastics for girls**</b>	15:00-16:00	Kl.1-3 <i>Gr. 1-3</i>	Carmen Lowings <i>carmenkittler08@gmail.com</i>	Sporthalle <i>sports hall</i>	First week is free. Monthly fee TBA*
<b>Donnerstag / Thursday</b>					
<b>Basteln</b>	8. Stunde <i>8th lesson</i>	Kl.3+4 <i>Gr.3+4</i>	Fr. Molzahn/ Fr. Stange <i>Mrs Molzahn/ Mrs Stange</i>	H-I-3	
<b>„Fianchetto Chess Academy“</b> <b>**</b>	8. Stunde <i>8<sup>th</sup> lesson</i>	Kl.1-4 Gruppe 3 <i>Gr.1-4 group 3</i>	081-638 1183; 081-859 4954 <a href="mailto:fianchettocc@gmail.com">fianchettocc@gmail.com</a>	H-II-2	N\$800 / Trimester *
<b>Reading in German</b>	8. Stunde <i>8<sup>th</sup> lesson</i>	Kl.4 <i>Gr.4</i>	Fr. Sharnow <i>Mrs Sharnow</i>	H-E-1	
<b>Kunst und Basteln</b> <i>arts and crafts</i>	9.+10. Stunde <i>9th+10th lesson</i>	Kl.3+4 <i>Gr.3+4</i>	Fr. Schmid <i>Mrs Schmid</i>	Raum von Frau Schmid <i>room of Mrs Schmid</i>	N\$ 200 / Trimester
<b>Basketball</b>	15:00-16:00	Kl.3-5 <i>Gr.3-5</i>	Fr. Schlettwein <i>Mrs Schlettwein</i>	Multiplatz <i>multi field</i>	
<b>Cazadores Inline Hockey</b> <b>(1st term only)</b>	16:00-17:00	Kl.1-4 <i>Gr.1-4</i>	Coach Zaid Eli 081 426 1523	Multiplatz <i>multi field</i>	Hire of skates if necessary N\$250/term
<b>MTB cycling for beginners</b>	16:30-17:30	Kl.1-6 <i>Gr.1-6</i>	Hr Horenburg <i>Mr Horenburg</i>	Leichtathletikplatz <i>athletics field</i>	
<b>Freitag / Friday</b>					
<b>Blockflöten für Fortgeschrittene</b> <i>recorder lessons for advanced learners</i>	8. Stunde <i>8th lesson</i>	Kl.4 <i>Gr.4</i>	Fr. Drobisch <i>Mrs Drobisch</i>	Musikraum C-E-2 <i>music room C-E-2</i>	

<b>Chor/ Choir</b>	8. Stunde <i>8th lesson</i>	Kl.4 <i>Gr.4</i>	Fr. Visser <i>Mrs Visser</i>	Musikraum C-E-1 <i>music room C-E-1</i>	
<b>Rhythmic Gymnastics for girls**</b>	15:00-16:00	Kl.1-3 Gr. 1-3	Carmen Lowings carmenkittler08@gmail.com	Sporthalle <i>sports hall</i>	First week is free. Monthly fee TBA*

**AGs beginnen ab Montag, den 11. Februar 2019. / *Extra murals start as from Monday, 11<sup>th</sup> of February 2019.***

\* Diese AGs sind Angebote von externen Anbietern. Bezahlungen an den jeweiligen Anbieter.

\*\*Die Teilnahme an diesen AGs wird nicht im Schulzeugnis vermerkt.

\* *These extra murals are offered by external coordinators. Payments directly to each coordinator.*

\*\**Participation in these extra murals is not mentioned in the school report.*

„**Pilates for Smarties**“ \* Übungen zur Verbesserung von Haltung und Körpergefühl. Erlernen von Entspannungstechniken sowie Förderung der Kooperation. / *Exercises to improve posture and body awareness. Learning relaxation techniques as well as promoting cooperation.*