



DHPS Kindergarten (Over-3-Group)

Weekly plan for 14.09.2020 – 02.10.2020

Topic: ON THE TRAIL OF NATURE

Monday, 14th September

Movement – Video 1:

→ [see Link](#)

Outdoor Games:

① Search and Find

Hide small objects in the garden or outside. Cling clothespins to bushes or garden tools, for example. Or hide a ball or a skipping rope that your child is guaranteed to try immediately.

② Minigolf

All you need is a broom as a golf club, a small ball and a little imagination. Obstacles are, for example, rags, cardboard, bottles or toys. Is holed in old cans.

③ Frisbee

The children paint paper plates and throw them outside as a frisbee disc. Put up a bucket or draw a circle. Can your child hit the target?

Tuesday, 15th September

Experimenting: Make your own Rain Gauge

You will need:

- 500 ml plastic bottle
- Ruler
- Permanent Marker
- Scissors or Craft Knife

Instructions:

- Make a Scale on the Plastic bottle by drawing evenly spaced lines.
- Carefully cut the top of the bottle using the scissor or craft knife.
- Turn over the top section of the bottle and put inside the lower part.
- Put outside and measure the rain.





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Wednesday, 16th September

Craft Project: A print from different leaves from nature

You will need:

- A paper
- Crayons
- Different kind of leaves



Instructions:

- First you walk in nature or in your garden and collect different leaves.
- Now you put the leaves on the table and put the paper on top.
- You take one crayon and colour over the leaves and you will see different structures of the leaf.
- You can now do the same with all your other leaves, you can use also different colours.

Thursday, 17th September

Music: Listen, sing and dance along to the songs

The following songs relate to the topic and can be found on *youtube* with their respective links:

Das Natur Lied

<https://youtu.be/F1My1BSEAoo>

Sum sum sum

<https://youtu.be/KeRM98Bp8Io>

Worksheet to complete and colour – Whom do the legs belong to?

→ see attached: Arbeitsblatt - Worksheet

Planting Sunflowers

You will need:

- The attached seeds from school
- Soil
- Flower pot or a bowl
- Watering can

Instructions:

- Get a small flower pot and fill it with soil.
- Then you get the bag with the seeds and press the seeds carefully into the soil (about 1-2 cm deep)
- After planting the seeds, you can pour a little bit of water into the soil.
- Make sure you water your plant each second day. The soil should always be moist.
- Now it is time to be patient and wait for your own sunflowers to grow.
- We can't wait to see your flowers.



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Monday, 21st September

Movement – Video 2:

→ *see Link*

Outdoor Games:

① A colour-treasure hunt in nature

For this treasure hunt you need an empty egg carton. Paint the outside and inside of the box with the children as a colourful treasure chest. Each deepening inside is given a different colour. For each of these coloured pockets it is then important to find a matching "treasure" outside: stones, snail shells, flowers, twigs and leaves can be placed inside.

② Clever Transport

Ask your child to find two sticks. With it the child can pick up different objects, for example, toys, cloths, a stone etc. It becomes more difficult when the object is transported a short distance.

③ Ball on the wall

The ball is thrown against a house wall and caught again. To make it a little more difficult, small tasks can be set.

- * let the ball hit the ground once before catching it
- * clap your hands one to three times before catching
- * jump in the air before catching
- * before catching turn quickly on the spot

Tuesday, 22nd September

Experimenting: Build your own greenhouse

You will need:

- 2 Clear Plastic Cups
- Soil
- Seeds
- Tape

Instructions:

- Place the seeds and soil in one cup.
- Place the other cup over the bottom one and secure with tape.
- Punch 3 holes in the top cup.
- There is no need to water it, just place in a sunny window.



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Wednesday, 23rd September

Craft Project: Bird feeder created from empty milk boxes

You will need:

- A Scissor
- 1 empty milk box
- Birds seeds
- A String
- Glue
- 5 butterflies on paper
- One stick from nature or from your garden

Instructions:

- You take the milk box and cut parallel to each other sides holes and cut it.
- Now you cut the 5 butterflies and stick them all over on the box as deco.
- You look for a stick in nature or in your garden not to big or not to thick and put it in the two holes at the bottom.
- Now you put a hole on top in the box and fasten the string to hang it up.
- At last you can put some birds seed in and watch how the birds eat from it.



Thursday, 24th September

Music: Listen, sing and dance along to the songs

The following songs relate to the topic and can be found on *youtube* with their respective links:

Mh mmm macht der grüne Frosch

<https://youtu.be/9tx2Gafpdg>

Es war eine Mutter

<https://youtu.be/IPN1DIS1-Pk>



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Friday, 25th September

Thank you nature:

Sun

"Thank you sun for a new day for all it's choices and challenges.

(Inhale lift arms out wide over your head)

Flower

"Thank it for its bright colour, graceful blossom sweet breath, making you smile.

(Sit with all tall spine, lift up your legs, balance on sitting bones, weave arms under your legs)

Tree

"Greatful for the cool shade on a hot day, sound of the leaves in a breeze; roots to hold the earth in place.

(stand on one leg, bend the other knee, place the sole of foot on inner leg/ thigh and balance.)

Rock/ Stone

"Thank you for your patience and silence in a world full of speed, noise and change."

(Sit back on heels, slowly bring your forehead down to rest in front of your knees, arms rest along the body)

Monday, 28th September

Movement – Video 3:

→ [see Link](#)

Outdoor Games:

① Muddy

Muddling is one of the children 's favourite games. Various cups and cans come outside from the kitchen. There they are filled with water and then it starts with the mud. Earth moves into the pots and bowls, also sand, small and large stones, grass, seeds, feathers etc; the materials of nature are almost infinite. Spoons and sieves add to the fun.

② "Nature-Memory"

In nature-memory an adult or an older sibling is looking for four or more different objects, such as a stick, a stone, leaves etc. Then the child can go out and look for/find these objects too, so that there are always two identical objects.

Tuesday, 29th September

Experimenting: Make a Microscope

You will need:

- A plastic cup
- Cling wrap
- Rubber band
- Scissors
- Water
- A small specimen your child wants to look at. (flower, leaf, small stick)

Instructions:

- Cut a small hole in the bottom of the cup (This is to get the specimen into the cup).
- Place cling wrap at the top of the cup and secure with the rubber band.
- Place the specimen in the cup.
- Pour a little water on top of the cling wrap.
- Now look at the specimen through the water. (the water will magnify the specimen)



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Wednesday, 30th September

Craft Project: A Human being created from leaves that were fallen down

You will need:

- A paper
- Leaves from nature or your garden
- Birds seed
- Glue



Instructions:

- You first collect leaves from nature or your garden.
- Now you stick the leaf in the middle of the paper for the neck and stomach.
- Draw a head on top of the leaf with eyes, nose, mouth and ears.
- Now you can draw the arms and legs to the leaf.
- For the hands and feet and hair you can use the birds seed.

Thursday, 1st Oktober

Music: Listen, sing and dance along to the songs

The following songs relate to the topic and can be found on *youtube* with their respective links:

Sonnenkäfer Lied

<https://youtu.be/gtLyi6SE8h8>

Itze Bitze Spinne

<https://youtu.be/QHHlsrxtX48>



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Friday, 2nd Oktober

Craft Project: Piggy

You will need:

- Paper plate
- Paper (pink, white and black)
- Pink paint
- Paint brush
- Scissors
- Glue
- Black felt-tip pen



Instructions:

- Paint the paper plate pink.
- Cut out the ears and the snout from pink paper and glue them to the paper plate. Draw two round nostrils on the snout with your felt-tip pen.
- Draw two circles on the white paper and cut them out. Glue two smaller black circles onto them. Glue the finished eyes on the paper plate.
- Cut the legs out of the black paper and glue them to the paper plate

Awesome! You made it!

Craft Project: Dream Catcher

You will need:

- Your collected branches, stones, leaves, hay, flowers, feathers
- Wool

Instructions:

- After collecting all you need, you can decide how you would like your dream catcher to be framed (triangle, square, circle) with the branches.
- Create the frame you would like to have using the branches and tie them together with the wool.
- Then get the wool and tie it like a spider web to the branches. Please make sure you leave space(gaps) for your collected material.
- Now it is time to decorate the inner side of your dream catcher with the leaves, stones, hay, flowers and feathers. You can either use wool or liquid glue to attach your collected material to the inner side of you dream catcher(spider web). You can also decorate the frame of you dream catcher .

Sweet dreams ☺

Please ask you mom or dad to send your teachers a picture of you and your dream catcher.