



Tour De **WINDHOEK** 2020

A TWO DAY ROAD RACE IN AND AROUND WINDHOEK

2020



23-24 OCTOBER 2020

TECHNICAL GUIDE

WITH THANKS TO OUR SPONSORS...



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ORGANISATION

TOUR OFFICIALS & RACE ORGANISERS

Race Director	Mannie Heymans	+264 81 124 0320
Chief Commissaire	Hella Rust	+264 81 256 8141
Race Commissaire	Ingrid Milz	+264 81 310 5438
Finish Line Judge	Piers L'Estrange	+264 81 256 9646
Timekeeper	Johan Pretorius	+264 81 260 1999
Crisis Response	E-Med Rescue 24	081 924
General Organisation	Leander Borg	+264 81 128 4794
General Organisation	Mannie Heymans	+264 81 124 0320
General Organisation	Nick du Plessis	+264 81 122 0073
Logistics	Pierre Du Plooy	+264 81 316 2345
Marshals	Pierre Du Plooy	+264 81 316 2345
Activations	LEMA Events	+264 81 288 6290

REGULATIONS

Team representatives are requested to confirm their starters and collect their race numbers as well as timing chips at registration from 17H00 till 18H00 on 22 October 2020 at Pupkewitz Training Centre, next to Megetech - Edison Street, Southern Industrial Area.

The team managers' meeting, organized in accordance with article 1.2.087 of the UCI regulations, in the presence of the Members of the Commissaires Panel, is scheduled for 18:30 at the registration venue stated above.

General Race briefing for all riders: 18H00 at registration

GENERAL REGULATIONS

1. The Tour de Windhoek shall be run under the Rules and Regulations of the UCI and NCF together with those mentioned and added below.
2. The organisers reserve the right to amend and/or adjust any stage if any circumstance arise which makes it unsafe or unfit for cycling.
3. Any infringement of any of the Rules and Regulations of the race by any competitor or helper, shall make the competitor liable to time penalties or disqualification.
4. The race jury consists of the Race Director, Chief Commissaire and Finish Line Judge.
5. The race jury reserves the right to make any kind of neutralisation, should circumstances demand.

6. Apart from time penalties that they inflict, the race jury may deprive a competitor of part or all of the prize money or bonuses won and refund these amounts to the general classification.
7. Any appeal against a race jury decision may be lodged with the race jury in writing and accompanied by the sum of N\$ 500.00 (non refundable if the appellant's case is lost).
8. Any appeal must reach the race jury not later than one hour after the official race results were sent out by email to each Team Manager.
9. All cyclists shall sign the official sign-on sheet, at least 30 minutes before the start of the stage. Failure to do so, will indicate WITHDRAWAL from the tour.
10. At the finish of each stage, the WINNERS of that stage as well as all JERSEY WINNERS are required to attend the ceremony arranged by the organisers at the finish line.
11. Riders required to report to the Medical Control Officer shall do so immediately after the Protocol Ceremony.
12. All race results will be sent via email to all Team Managers (within 90min of the official finish of the stage) and displayed at the start of the next stage. Team Managers should make sure that correct email addresses are handed to the Registration Officer during registration.
13. All traffic rules shall be strictly observed with special attention paid to traffic lights, level crossings, stop signs and keeping to the left-hand side of the road.

14. The organisers shall under no circumstances hold themselves responsible, IN ANY WAY, for cycling, motor cycling or civil offences.
15. Each team is allowed one service vehicle only and will, for the duration of the Tour, be under the jurisdiction of the Chief Commissaire/Race Director. Each vehicle will be provided with a TDW sticker for each side door.
16. Service vehicles will be placed in the race according to each team's best placed rider on individual classification. Placement for stage one will be done by draw of numbers during the compulsory pre-race meeting.
17. All drivers that receive a vehicle will have to hand in a copy of their drivers licence before receiving the keys to their vehicle.
18. All vehicles supplied by the organisers, shall only be used for the purpose of the Tour.
19. Any accidents, whether to competitor or vehicle must be reported to the Race Director as soon as possible AND on the same day.
20. No other material may be affixed or displayed in any manner whatsoever to any car within the jurisdiction of the race.
21. The leader in each category will wear the appropriate jersey. No race sponsor's advertising may be partially or wholly be covered by any other advertising. No vehicle branding in opposition to the main sponsors may be displayed.

22. Official racing numbers shall be issued and shall be worn unaltered.
- two numbers shall be attached to the lower back of jersey for stage 1, 3 and 4.
 - one number shall be attached to the centre of the lower back for stage 2.
- All racing numbers shall be properly affixed in the correct places and are not to be folded or mutilated in any way.
23. A timing chip will be handed to each rider at registration. A refundable deposit of N\$200 must be paid for each chip. These must be fixed to the bottom of the left-hand side of the front fork, for the duration of the Tour. All timing chips must be returned after the Tour before the deposit is paid back.
24. The starting order for the teams during the team time trial is as follows: women's teams start at 16:00, reverse order of stage 1. Once they are finished, there will be a 5min break, followed by the mens start in waves of 5 teams. Teams ranked 15-11 will start first, followed by teams 10-6 and teams 5-1, all in reverse order from the 1st stage ranking.
25. Feeding during stage 1 and 3 will be allowed from the team vehicle after the first 50km and before the last 15km of the race. Feeding on stage 2 is not allowed.
26. No vehicles may follow riders on stage 2 and 4, a technical area is allocated for any technical problems. On the team time trial, 2 neutral service points will be allowed.
27. Pacing another rider is only allowed if the rider started in the same starting group. Three different groups (Elite Tour, Ladies Tour and Light Tour) will be on the road at the same time.
28. Pacing behind an official or non-official vehicle is not allowed.

TOUR STRUCTURE

The tour will include five competitions:

- | | |
|-------------------------|--------------------|
| 1 Overall Leader | 4 Best Young Rider |
| 2 King Of The Mountains | 5 Team Competition |
| 3 Points Competition | |

1. Overall Leader (*Men & Women*)

This will be determined by the actual racing time of competitors after adjustments have been made for penalties. Stage 4 will NOT count towards the individual rankings. Lapped riders on stage 4 will get time penalties towards their individual and team ranking.

2. King of the Mountains (*Men & Women*)

The King of the Mountains competition shall be determined by the allocations of points at mountain primes. The points scoring shall be on a progressive basis and the competitor with the highest score shall be the winner of the competition.

- Mountain Primes
- Category ONE primes: 8, 6, 5, 4, 3, 2, 1 for the first seven positions
- Category TWO primes: 6, 4, 3, 2, 1 for the first five positions
- Category THREE primes: 4, 3, 2, 1 points for the first four positions
- Category FOUR primes: 3, 2, 1 points for the first three positions

Men

- Stage 1 KOM 4 - 57km
- Stage 1 KOM 4 - 72km
- Stage 1 KOM 4 - 93.6km
- Stage 3 KOM 2: 29km Daan Viljoen
- Stage 3 KOM 1: 35km Matchless
- Stage 3 KOM 2: 55km Daan Viljoen
- Stage 3 KOM 1: 61km Matchless

Women

- Stage 1 KOM 4 - 50km
- Stage 3 KOM 2: 29km Daan Viljoen
- Stage 3 KOM 1: 35km Matchless

3. Points Competition (Men & Women)

The Points Competition shall be determined by the allocations of points at (a) stage finishes and (b) hot-spot primes. The point scoring shall be on a progressive basis and the competitor with the highest score shall be the winner of this competition.

(a) Stage finishes

8, 6, 4, 2 points for the first four (4) positions: stage 1, 3, 4

(b) Hot-spot primes

4, 3, 2, 1 points for the first four (4) positions

Men

- Stage 1: 12km
- Stage 1: 102.5km
- Stage 3: 4km
- Stage 3: 14km
- Stage 4: 10min
- Stage 4: 20min
- Stage 4: 30min
- Stage 4: Final

Women

- Stage 1: 13km
- Stage 1: 60km
- Stage 3: 4km
- Stage 3: 14km

4. Best Young Rider (Men & Women)

This shall be the cyclist who is under the age of 23 on 23 October 2020 and who is placed highest in the overall classification. Note: To qualify for the Under 23 competition, competitors must provide proof of age during registration by show of birth certificate.

5. Team Competition (Men & Women)

This will be determined by the addition of the actual racing time of the best three riders in a team after adjustment have been made for penalties per stage. The team time trial only counts towards the team competition, not individual rankings.

STAGE 1 | DORDABIS 23 October 07:00

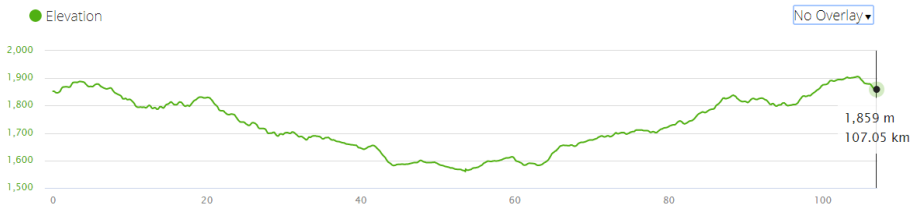
TDW DISTANCE: 108km Turn around at 53.5km

MEN **S** Sprint: 12km & 102.5km **K** King of the Mountains: 57km, 72km & 93.6km

TDW DISTANCE: 67.64km Turn around at 33km

WOMEN **S** Sprint: 13km & 60km **K** King of the Mountains: 50km

TDWLight DISTANCE: 67.64km Turn around at 33km



STAGE 2 | TEAM TRIAL TRIAL 23 October 17:30

TDW DISTANCE: 15.6km 6 laps of 2.6km, anti-clockwise
MEN

TDW DISTANCE: 10.4km 4 laps of 2.6km, anti-clockwise
WOMEN



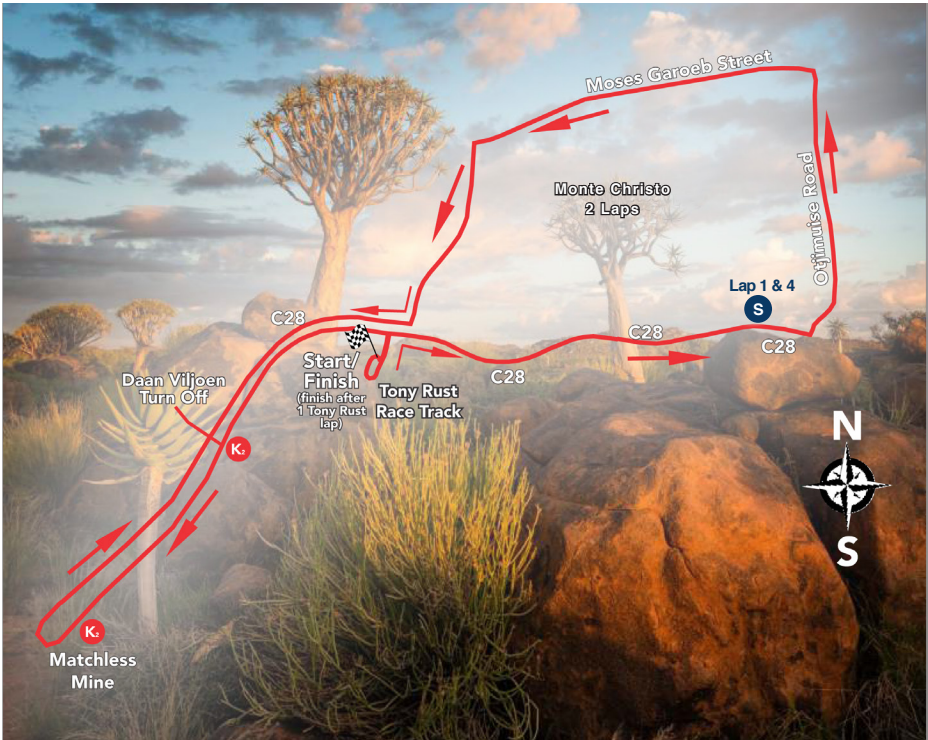
Please note: Only branded team vehicles will be allowed on the track. Gates will close at 15:55, 5 min before the start of the Women's Team Time Trial. Thereafter teams and spectators may only enter the track on foot. Women's teams start at 16:00, reverse order of stage 1. Once they are finished, there will be a 5min break, followed by the mens start in waves of 5 teams. Teams ranked 15-11 will start first, followed by teams 10-6 and teams 5-1, all in reverse order from the 1st stage ranking.

STAGE 3 | TONY RUST RACE TRACK 24 October 07:00

TDW DISTANCE: 80km (2 laps of Monte Christo 10km & 2 laps Matchless)
MEN **S** Sprint: 4km & 14km **K** KOM: 29 & 55km Daan Viljoen, 35 & 61km Matchless

TDW DISTANCE: 53km (2 laps of Monte Christo 10km & 1 lap Matchless)
WOMEN **S** Sprint: 4km & 14km **K** KOM: 29km Daan Viljoen, 35km Matchless

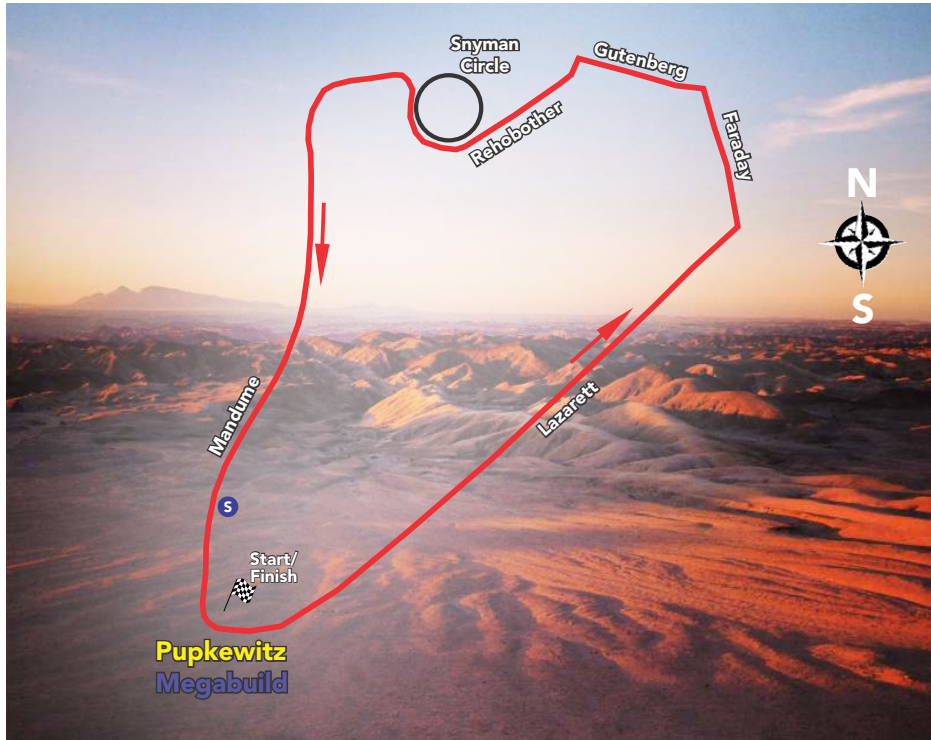
TDWLight DISTANCE: 53km (2 laps of Monte Christo 10km & Matchless)



STAGE 4 | PUPKEWITZ MEGABUILD CRITERIUM

24 October 17:00

TDW LAP DISTANCE: 1.7km **DURATION: 45min plus 1 lap**
MEN **S Sprint: every 10min and on final lap**



TDW Lite riders will be grouped according to their GC times. Slowest 30 ride 15min, followed by the next 30 and so forth

TDW Ladies ride 30min plus 1 lap. Approx start time 18:00.

TDW Men ride 40min plus 1 lap. Approx start time 18:45.

20:00 prize giving and celebrations.

TIME SCHEDULE

23 OCTOBER

Stage 1

- 6:00 Registration: stage 1
- 7:00 Start: TDW Men
- 7:05 Start: TDW Women
- 7:15 Start: TDW Light

Stage 2

Women's teams start at **17:30**, reverse order of stage 1. Once they are finished, there will be a 5min break, followed by the mens start in waves of 5 teams. Teams ranked 15-11 will start first, followed by teams 10-6 and teams 5-1, all in reverse order from the 1st stage ranking.

24 OCTOBER

Stage 3

- 6:00 Registration: stage 3
- 7:00 Start: TDW Men
- 7:02 Start: TDW Women
- 7:05 Start: TDW Light
- 9:00 Expected finish: TDW Light
- 9:30 Expected finish: TDW
- 11:00 Final prize-giving

Stage 4

- 16:00 Registration: stage 4
- 17:00 Start: stage 4
- 19:45 Finish

PRIZE MONEY

IN NAMIBIAN DOLLARS (N\$)

As outlined below.

10% DEDUCTED TOWARDS NCF DEVELOPMENT PROGRAM.

TOUR DE WINDHOEK MALES

AGE CATEGORY	1ST	2ND	3RD	4TH	5TH	6TH	7TH	TOTAL
Open	10 000	7 500	5 000	4 000	3 000	2 000	1 000	32 500
King of Mountains	3 000	2 000	1 000					6 000
Sprinters	3 000	2 000	1 000					6 000
Best Young	3 000	2 000	1 000					6 000
Best Team	6 000	4 000	2 000					12 000
	25 000	17 500	10 000	4 000	3 000	2 000	1 000	62 500

TOUR DE WINDHOEK WOMEN

AGE CATEGORY	1ST	2ND	3RD	4TH	5TH	6TH	TOTAL
Open	7 000	5 000	4 000	2 500	1 500	1 000	21 000
King of Mountains	2 000	1 000	500				3 500
Sprinters	2 000	1 000	500				3 500
Best Team	3 000	2 000	1 000				6 000
	14 000	9 000	6 000	2 500	1 500	1 000	34 000

TOUR DE WINDHOEK LIGHT

AGE CATEGORY	1ST	2ND	3RD	TOTAL
Open Men (19-29)	1 500	800	500	2 800
Open Women (19-29)	1 500	800	500	2 800
U/14 Boys	1 500	800	500	2 800
U/16 Boys	1 500	800	500	2 800
U/16 Girls	1 500	800	500	2 800
Junior Boys (17-18)	1 500	800	500	2 800
Junior Girls (17-18)	1 500	800	500	2 800
Sub-Vet Men (30-39)	1 500	800	500	2 800
Sub-Vet Women (30-39)	1 500	800	500	2 800
Veteran Men (40-49)	1 500	800	500	2 800
Veteran Women (40-49)	1 500	800	500	2 800
Master Men (50-59)	1 500	800	500	2 800
Master Women (50-59)	1 500	800	500	2 800
Grandmasters (60+)	1 500	800	500	2 800
	21 000	11 200	7 000	39 200



YELLOW JERSEY
N\$8 000



KING OF THE MOUNTAINS JERSEY
N\$3 000



SPRINTER'S JERSEY
N\$3 000



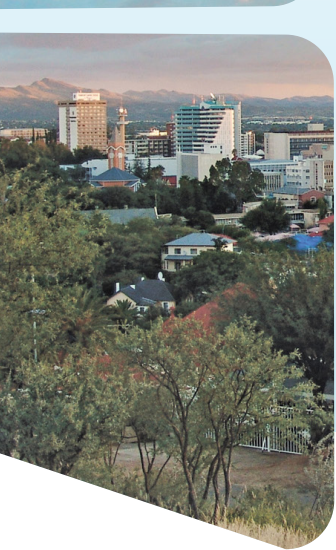
BEST YOUNG RIDER JERSEY
N\$3 000



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2020



THANK YOU

TO OUR SPONSORS,
WINDHOEK TRAFFIC DEPARTMENT,
OUR HELPERS AND, OF COURSE,
OUR RIDERS