NIPAM
NAMIBIA INSTITUTE OF PUBLIC ADMINISTRATION AND MANAGEMENT

OCCUPATIONAL HEALTH AND SAFETY MANAGEMENT AND FIRST AID

This course is an introduction to major concepts and issues in occupational health and safety. Work-related hazards are described in terms of recognition and control. This course relies on the synthesis of knowledge in the behavioural sciences, industrial hygiene, injury epidemiology, safety, nursing theory, toxicology and epidemiology while applying these within a program development and management framework. Delegates will gain the practical skills needed to address and promote good standards of occupational health and safety within their institution. The course also looks at ways for public sector institutions can become compliant with Namibian Occupational Health and Safety Act this course goes a long way towards improving employee satisfaction and increasing financial returns.

Venue:	Windhoek, NIPAM Campus
Duration:	Five (5) Days

COURSE LEARNING OUTCOMES

- Introduction to workplace health.
- Effects of health on work.
- Effects of work on health.
- Management of attendance.
- Management of mental health at work.
- Management of people with musculoskeletal disorders.
- Workplace health promotion.
- Workplace health support.
- Roles and responsiblities of a first aid worker.
- Medico - Legal aspects.
- Basic human physiology.
- Patients assessment : Primary and secondary surveys.
- Respiartory emergencies.
- Chest injuries.
- Abdominal, neck and spinal injuries and diabetes.
- Poisoning and drugs.
- Environmental emergenices.
- Moving and lifting of casualties.

WHO SHOULD ATTEND?

Applicants must be appointed officials in central, regional and local government and Public Enterprises.

COURSE CONTENTS

Module 1 Organisation of health and safety management
Module 2 Risk assessment and control
Module 3 Preventing, preparing for and responding to fires
Module 4: Managing hazardous substances

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